## HCI and Design

## Today

#### Technology and disabilities

- Who is affected
- Models of disability
- Categories of impairments
- Universal design

### Who is affected?

16% of US population to ages 15 to 64 is disabled.

10% of the workforce is disabled

5% of the STEM workforce is disabled

1% of PhDs in STEM are disabled

### Who is affected?

#### People with disabilities

- Visual, hearing, motor, cognitive, reading
- About 1 in 5 adults (webaim.org/intro)

#### Older adults

 up to 50% of computer users may benefit from accessibility features (http://www.microsoft.com/enable/research/)

#### "Situational impairments"

mobile device users, temporarily injured people

#### Sometimes it's just convenient

reading transcripts vs. watching a video

## Models of Disability

#### **Medical Model**

Disabled people are patients who need treatment and/or cure.

#### **Rehabilitation Model**

 Disabled people need assistive technology for employment and everyday life.

#### Legal Model

 Disabled people are citizens who have rights and responsibilities like other citizens. Accessibility to public buildings and spaces, voting, television, and telephone are some of those rights.

#### Social Model

 Disabled people are part of the diversity of life, not necessarily in need of treatment and cure. They do need access when possible.

## Technology and Disabilities

#### **Prosthesis**

Augmentation to restore lost function. Call it a "cure."

#### Assistive technology

 Popular in rehabilitation literature. Emphasis on the need for assistance.

#### Access technology

- Allows an activity that would be difficult to impossible to achieve without it. Emphasis not on restoring function, but on achieving an end goal by whatever means possible.
- Examples: Screen readers, video phones, wheel chairs.

## Argument

Disability and technology innovation are intertwined.

Information technology fields need more people with disabilities because their expertise and perspectives spark innovation.

## Accessibility Innovations Matter

Innovations for Disability



Solutions for Everyone

- Telephone
- Personal texting
- Optical Character Recognition
- Speech synthesis
- Speech recognition
- Personal video chat

## The Telephone

The telephone was invented by A.G. Bell in his efforts "of devising methods of exhibiting the vibrations of sound optically, for use in teaching the deaf and dumb." (Fay, American Annals of the Deaf, 1887)

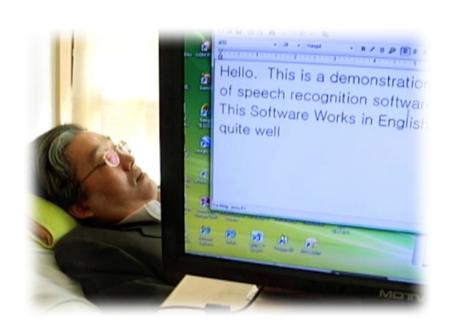


A.G. Bell 1880

## Speech Recognition for Hands Free Access



Ray Kurzweil introduced the first commercial large-vocabulary speech recognition software in 1987



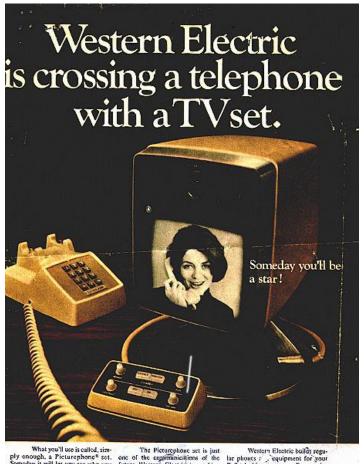
Sang-Mook Lee

## Speech for Eyes Free Access





## Picturephone



"Picturephone" demonstrated by AT&T at the 1964 World's Fair

- > Required too much bandwidth for phone system
- Deaf world excited then disappointed

Someday it will let you see who you future Western Electric is working Bell telephone company. But we also

build for the future.

Western Electric

## Video Phone

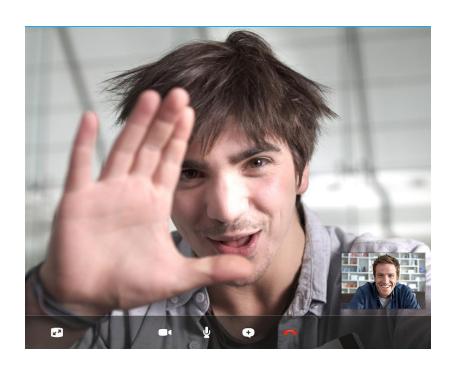


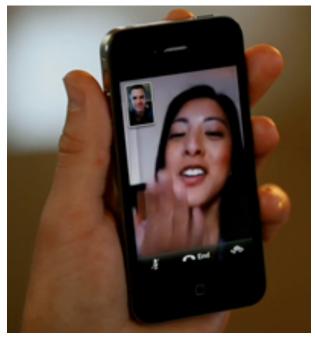
Set top box Sorenson 2002



Purple 2010

## Ubiquitous Video Phone





## Accessibility is Becoming Mainstream

Accessibility concerns lead to major innovations

Accessibility is built into products and services

Companies are focusing on accessibility

- Microsoft Chief Accessibility Officer
- Teach Access

Accessibility is becoming part of the curriculum

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## Categories of Impairments

Cognitive (learning disabilities, memory, reading)

Mobility (Physical)

Hearing

Speech

Visual

## Challenges: Cognitive Impairments

#### Memory

Working memory, short term memory, long term memory

#### Reading

dyslexia

#### Social

• e.g. autism

Wide variety of learning disabilities

• ADHD, etc.

# Considerations for Cognitive Impairments

#### Memory storage

 Don't rely on your user to remember large amounts of information, or complex steps

#### Distraction / Task Decomposition

- Consider users who have difficulty focusing
  - Make tasks shorter, simplify designs

#### Socialization

 Some children with autism may not be comfortable looking at faces

## Challenges: Physical/mobility

Diverse array of physical disabilities

Little or no control of hands

Temporary injury

Permanent condition



## Considerations for Mobility Impairments

#### Keyboard accessibility

 Users can access and activate everything on the page with solely the keyboard

Speech recognition compatibility

Provide ample time for tasks

**Provide shortcuts** 

"Skip Navigation" links



## Adaptive keyboards

Keyguards allow hands to rest on keys

Mini-keyboards minimize hand motion

Datahand uses finger movement only...

orbitTouch needs no fine movement at all.





## Hands-free computing

Voice recognition software

On-screen keyboard

Head-tracking mouse

Foot mouse



## Challenges: Hearing

Obstacles include videos, mp3s, podcasts

Often not essential to web content

Becoming more essential with things like Siri, Amazon Echo, etc.

Closed-captioning, transcripts

Sign language

Hearing aids



# Considerations for Hearing Impairments

#### Use structure

- Use headings and subheadings
- Use bulleted lists

#### Write clearly

- Keep language short, simple, and to the point
- Write in active voice
- Avoid jargon and/or provide definitions

#### Provide alternatives to audio

- Text, captions, or even sign language interpreters
- TTY-enabled customer service lines

## Challenges: Vision

Many different kinds of vision impairment

- Blind
- Low vision
- Color blind
- Etc.

Profoundly affected by web content

Web is extremely visual

Web developers need to accommodate needs more than for any other group

### Color blindness

Affects 10% of males

Multiple variations

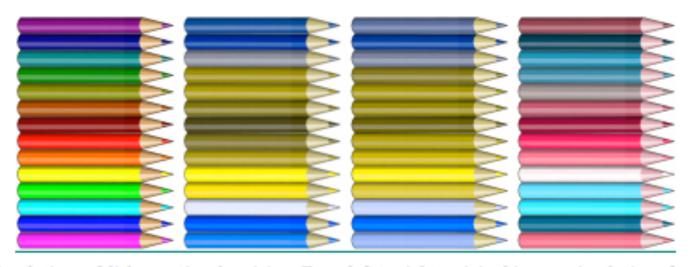


Fig. 2. Simulations of dichromatic color vision. From left to right: original image, simulation of protanopia, simulation of deuteranopia, and simulation of tritanopia. Simulations generated at www.vischeck.org.

# Considerations for Visual Impairments

#### Use text instead of images of text

Use CSS to style text (Logos are exceptions)

#### Keyboard accessibility

- Don't override keystrokes
- Users can access and activate everything on the page with solely the keyboard

#### Skip navigation links

#### Have alternatives to color

- Required fields in red
- \* denotes required fields

#### Provide sufficient color contrast

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## Universal Design

Design for as many users as possible, not just the average user



## Universal Design – Example

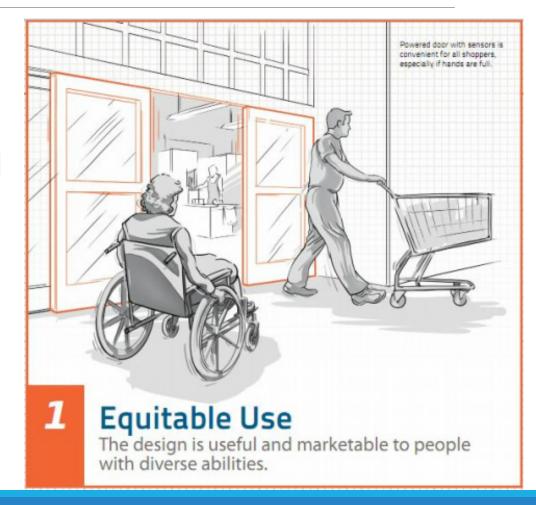




## Seven Principles for Universal Design

## Principle 1: Equitable Use

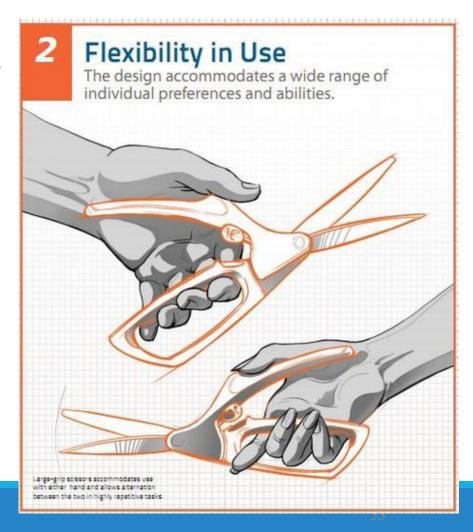
The design is useful and marketable to people with diverse abilities.



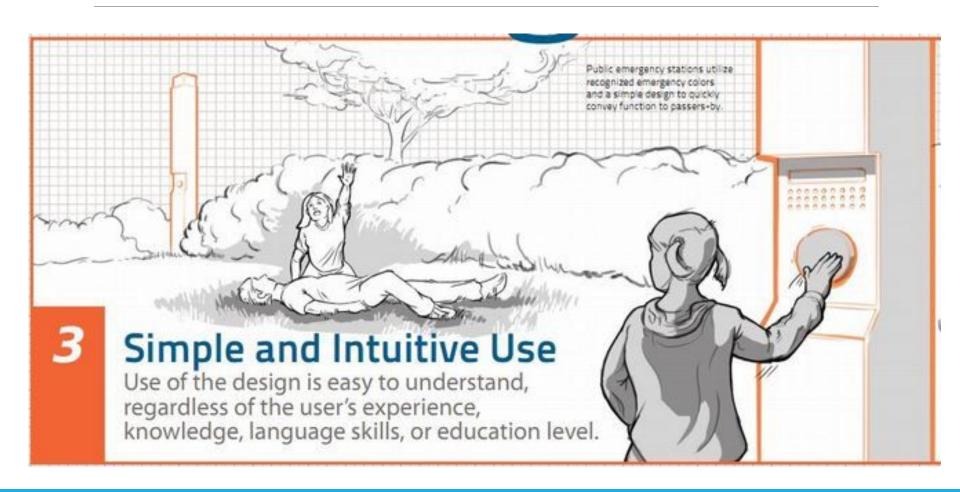
## Principle 2: Flexibility in Use

The design accommodates a wide range of individual preferences and abilities.

Eg: Many reading apps (iBooks, Kindle) enable users to personalize font size and background color.

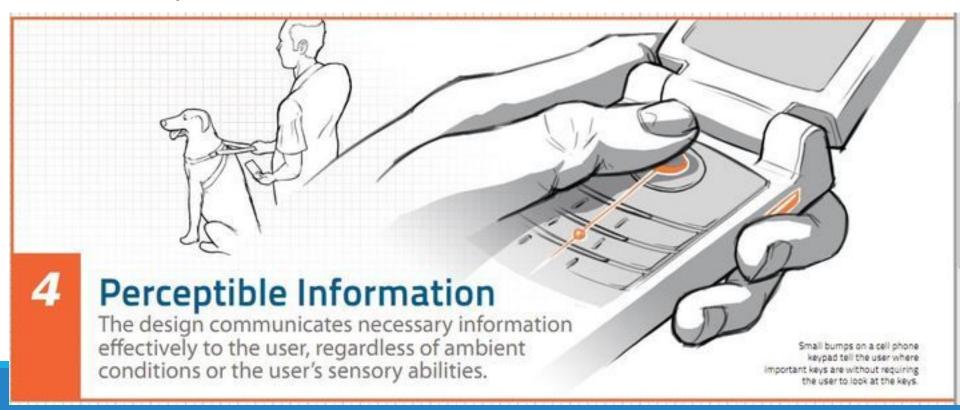


## Principle 3: Simple and Intuitive Use



## Principle 4: Perceptible Information

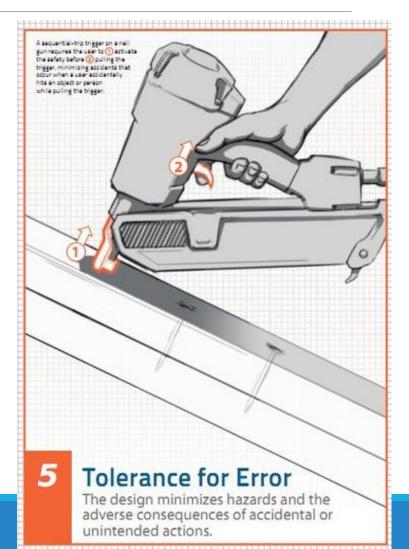
The design communicates necessary information effectively to the user, regardless of ambient conditions or the user's sensory abilities.



### Principle 5: Tolerance for Error

The design minimizes hazards and the adverse consequences of accidental or unintended actions.

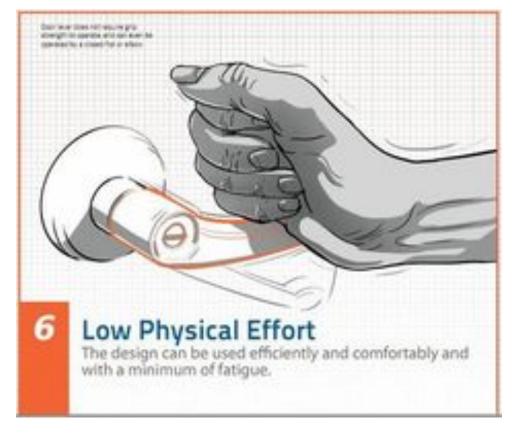
e.g., Always having an undo or reset button to get back to a familiar state



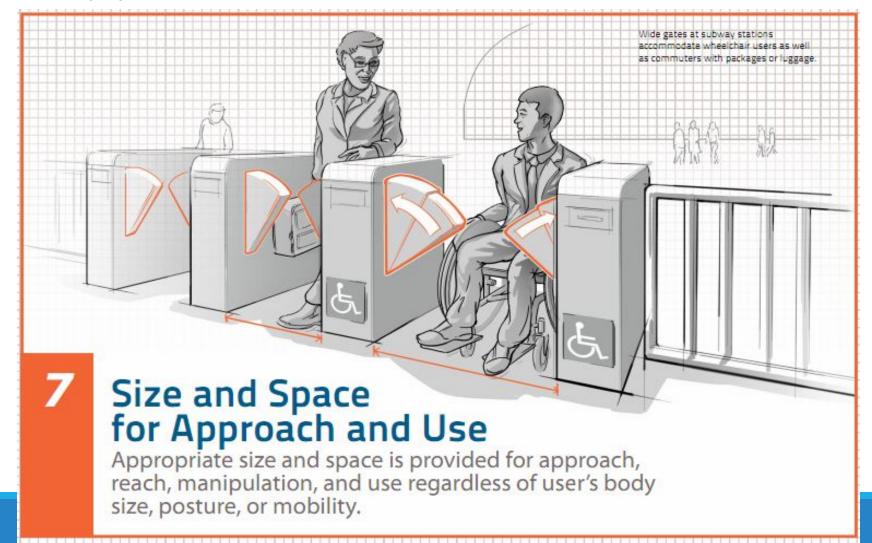
## Principle 6: Low Physical Effort

The design can be used efficiently and comfortably and with a minimum of fatigue.

Eg: Adding appropriate amounts of white space decreases the physical cognitive effort.



## Principle 7: Size and Space for Approach and Use



## Summary

#### Technology and disabilities

- About 1 in 5 people affected
- There are different models of disability
- You should care!
- Understand categories of impairments
- Learn how to design for accessibility

Make your software/apps/tools/projects accessible!

## Activity

Paper prototype a social network website/app for people who can't read

Think about how to make it "text-free"

#### Features to think about:

- Adding friends to your network
- Posting content, adding "tags"
- Consuming content
- Commenting, liking, etc.

#### Do it on paper and turn it in

 Make sure you add annotations and captions to explain your design and thought processes