# HCI and Design

## Today

Technology and disabilities
Who is affected
Models of disability
Categories of impairments
Universal design

### Who is affected?

16% of US population to ages 15 to 64 is disabled.10% of the workforce is disabled5% of the STEM workforce is disabled1% of PhDs in STEM are disabled

### Who is affected?

People with disabilities

Visual, hearing, motor, cognitive, reading

About 1 in 5 adults (webaim.org/intro)

Older adults

 up to 50% of computer users may benefit from accessibility features

(http://www.microsoft.com/enable/research/)

"Situational impairments"

mobile device users, temporarily injured people

Sometimes it's just convenient

• reading transcripts vs. watching a video

## Models of Disability

#### Medical Model

• Disabled people are patients who need treatment and/or cure.

#### **Rehabilitation Model**

 Disabled people need assistive technology for employment and everyday life.

#### Legal Model

 Disabled people are citizens who have rights and responsibilities like other citizens. Accessibility to public buildings and spaces, voting, television, and telephone are some of those rights.

#### Social Model

• Disabled people are part of the diversity of life, not necessarily in need of treatment and cure. They do need access when possible.

## Technology and Disabilities

#### Prosthesis

• Augmentation to restore lost function. Call it a "cure."

#### Assistive technology

- Popular in rehabilitation literature.
- Emphasis on the need for assistance.

#### Access technology

 Allows an activity that would be difficult to impossible to achieve without it. Emphasis not on restoring function, but on achieving an end goal by whatever means possible.

• Examples: Screen readers, video phones, wheel chairs.

## **Disabilities Drive Innovation**

Disability and technology innovation are intertwined.

Information technology fields need more people with disabilities because their expertise and perspectives spark innovation.



Telephone Texting Optical Character Recognition Speech synthesis Speech recognition Video chat

### The Telephone

The telephone was invented by A.G. Bell in his efforts

"of devising methods of exhibiting the vibrations of sound optically, for use in teaching the deaf and dumb"

(Fay, American Annals of the Deaf, 1887)



A.G. Bell 1880

### Speech Recognition for Hands Free Access



Ray Kurzweil introduced the first commercial large-vocabulary speech recognition software in 1987



Sang-Mook Lee





### Picturephone



What you'll use is called, simply enough a Picturephone\* set, and of the expansion of the lar plones : \_equipment for your sounday is will be you see who you future Western Electric is working Bell telephone company. But we also are talkingsic, and let them see you. on with bell Telephone Laboratories. build for the future.

Western Electric

"Picturephone" demonstrated by AT&T at the 1964 World's Fair

- Required too much bandwidth for phone system
- Deaf world excited then disappointed

### Video Phone





Set top box Sorenson 2002



### Accessibility is Becoming Mainstream

Accessibility concerns lead to major innovations Accessibility is built into products and services

Companies are focusing on accessibility

- <u>Microsoft Chief Accessibility Officer</u>
- Teach Access

Accessibility is becoming part of the curriculum

## Categories of Impairments

Cognitive (learning disabilities, memory, reading) Mobility (Physical)

Hearing

Speech

Visual

### Cognitive Impairments

Memory

 Working memory, short term memory, long term memory

Reading

dyslexia

Social

e.g. autism
Learning
disabilities
ADHD, etc.

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- Memory storage • Don't rely on users remembering large amounts of information
- Distraction / Task Decomposition
  - Consider users who have difficulty focusing
    - Make tasks shorter, simplify designs

Socialization

 Some children with autism may not be comfortable looking at faces

## Challenges: Physical/mobility

- Diverse array of physical disabilities
- Little or no control of hands
- Temporary injury
- Permanent condition



Keyboard accessibility
Users can access and activate everything with only the keyboard
Speech recognition compatibility
Provide ample time for tasks
Provide shortcuts
"Skip Navigation" links





## Challenges: Hearing

Obstacles include videos, mp3s, podcasts

Often not essential to web content

 Becoming more essential with things like Siri, Echo.

Closed-captioning, transcripts

Sign language

Hearing aids

#### Use structure

- Use headings and subheadings
- Use bulleted lists

#### Write clearly

- Keep language short, simple, and to the point
- Write in active voice
- Avoid jargon and/or provide definitions

#### Provide alternatives to audio

- Text, captions, and/or sign language interpreters
- TTY-enabled customer service

## Challenges: Vision

Many different kinds of vision impairment

- Blind
- Low vision
- Color blind
- Etc.

Profoundly affected by web content

• Web is extremely visual

Web developers need to accommodate needs more than for any other group Use text instead of images of text
 Use CSS to style text (Logos are exceptions)

#### Keyboard accessibility

- Don't override keystrokes
- Users can access and activate everything on the page with solely the keyboard

Skip navigation links

Have alternatives to color

- Required fields in red
- \* denotes required fields

Provide sufficient color contrast

### Color blindness

Affects 10% of males

Multiple variations



Fig. 2. Simulations of dichromatic color vision. From left to right: original image, simulation of protanopia, simulation of deuteranopia, and simulation of tritanopia. Simulations generated at www.vischeck.org.

### Universal Design

Design for as many users as possible, not just the average user





### Seven Principles for Universal Design

#### Principle 1: Equitable Use

The design is useful and marketable to people with diverse abilities.



## Principle 2: Flexibility in Use

The design accommodates a wide range of individual preferences and abilities.

e.g., Many reading apps (iBooks, Kindle) enable users to personalize font size and background color.



### Principle 3: Simple and Intuitive Us



### Principle 4: Perceptible Information

The design communicates necessary information effectively to the user, regardless of ambient conditions or the user's sensory abilities.



### Principle 5: Tolerance for Error

The design minimizes hazards and the adverse consequences of accidental or unintended actions.

e.g., Always having an undo or reset button to get back to a familiar state



### Principle 6: Low Physical Effort

The design can be used efficiently and comfortably and with a minimum of fatigue.

e.g. Adding appropriate amounts of white space decreases the physical cognitive effort.



### Principle 7: Size and Space for Approach and Use

# Mide gates at subway stations accommodate wheelchair users as well as commuters with packages or luggage. Size and Space for Approach and Use

Appropriate size and space is provided for approach, reach, manipulation, and use regardless of user's body size, posture, or mobility.

## Summary

Technology and disabilities

- About 1 in 5 people affected
- Many more, depending on how you count...
- There are different models of disability

You need to:

- Understand categories of impairments
- Design for accessibility
- Practice Universal design

## Activity: Work in Pairs

#### Explore and analyze your device's accessibility features

- 1. Choose one of your laptops/phones
- 2. Locate the device's built-in accessibility features
- 3. Make a list of features. For each feature:
  - Turn it on and try it out yourselves. What does it do?
  - What category(s) of impairment is it targeting?
  - How good is it? Does it work well? Could it be improved?

Upload a pdf showing your work/comments/answers https://drive.google.com/drive/folders/1B1m3udWlrWd1oW7lfEQag\_Lckbm4UCK?usp=sharing

If time: Explore different kinds of color blindness tests: <a href="http://www.color-blindness.com/color-blindness-tests/">http://www.color-blindness.com/color-blindness-tests/</a>